

Liberto 23 Rue Berger 75001 Paris		Allergens presence table European regulation n° 1169/2011 regarding cutomers information about foodstuff											Company Stamp	
FINAL PRODUCT NAME	Cereals ¹	Eggs	Lactose ²	Peanuts	Nuts ³	Soy	Sesame	Lupin	Sulphites ⁴	Mustard	Celery	Molluscs	Crustaceans	Fish
BRUSCHETTA														
Classic														
Mozzarella di Bufala														
Buratta														
Peach														
Fig														
Parme														
Bresaola														
Avocado														
Eggplant														
Truffle Burrata														
Gorgonzola														
ANTIPASTI														
Rosemary and olive oil Pinsa														
Focaccia														
Buratta														
Stracciatella														
Mozzarella di bufala														
Honey-roasted Camembert with rosemary and nuts														
Beef Carpaccio														
BOARDS														
Mixed														
Charcuterie														
Vegetables														
Cheeses														
SALADS														
Burrata														
Caesar														
Goat Cheese														
Parma														
Salmon														
CRUDO														
Beef														
Salmon														
Heirloom Tomatoes and Mozzarella														
DISHES														
Chicken with tomato and mascarpone sauce														
Tuscan Salmon														
Forest Veal														
Parmigiana														
PASTA														
Rigatoni with Chorizo														
Linguine with Salmon														
Truffle Gnocchi														
Mafaldine with Truffle and Burrata														
Ricotta Spinach Ravioli Tuscan Style														
Tomato Mozzarella Ravioli with Stracciatella														
PINSA														
Margherita														
Margherita Burrata														
Parma														
Prosciutto														
Diavola														
4 cheeses														
Salmon														
Liberto														
Truffle Burrata														
DESSERTS														
Brie de Meaux with dried fruits														
Bowl of strawberries with homemade whipped cream														
Coffee Tiramisu														
Half-cooked chocolate with Nutella French Toast														
Chocolate Fondue														
Personalized Sundae														
<p>I = Includes</p> <p>¹ Only if the cereals used contain gluten, so one of the following cereals : wheat, rye, orge, barley, spelt, kamut.</p> <p>² Including milk and products thereof.</p> <p>³ Nuts : Almonds, Hazelnuts, Nuts, Cashew, Pecan nuts, Brazil nuts, Pistachios, Macadamia nuts and Queensland nuts.</p> <p>⁴ Only if the sulphur dioxide and sulfites quantities are over 10 mg / kg of final product.</p> <p>All our products may contain traces of cereals, eggs, milk and products thereof, peanuts, nuts, soy, sesame, lupin, sulphites, mustard, celery, molluscs, crustaceans and fish</p>														
WHAT TO DO IN A FOOD ALLERGY EMERGENCY														
<p>If you have a severe food allergy , your doctor may have prescribed an emergency care kit . This kit contains a self-injectable dose of adrenaline (a substance that increases heart rate and blood pressure, and dilates the bronchial tubes). It is used in case of anaphylactic shock, without waiting for help.</p> <p>If you have this type of emergency kit:</p> <p>- Always keep it on you;</p> <p>- Learn to recognize the first signs of a shock and to handle the care equipment on your own (using the training pen provided). The correct gesture is to position the pen on the outer edge of your thigh. Then press and hold the trigger button for ten seconds;</p> <p>- Also inform those around you about the instructions for use of the equipment.</p> <p>Medical supervision is required after any injection of adrenaline. Hospital care is therefore necessary if you have used your emergency kit. This follow-up also makes it possible to study the evolution of your food allergy in order to adapt your treatment if necessary.</p>														